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# eZlunch MENU

Windy Ridge School / Term 4 2019



Constellation Drive Home Zone  
Mairangi Bay  
09-414 2428

## WARM MAINS - SPECIALS OF THE DAY

Mon	MONDAY - Pizza cheese & ham	\$4.70
Mon	MONDAY - Pizza cheese & pineapple	\$4.70
Tue	TUESDAY - Dumplings 4pcs	\$6.20
Wed	WEDNESDAY - Baked BBQ Pork Bun	\$6.80
Thur	THURSDAY - Teriyaki chicken on rice (large)	\$7.70

## WARM MAINS

T.Th	NEW Red Bean Paste Pancake	\$4.90
T.Th	NEW Noodle Salad Combo	\$10.90
Mon	NEW Pork & Cabbage Pancake	\$5.30
M.T.W	NEW Rougamo box	\$6.70
M.T.Th.F	BBQ Pork Bun (steamed)	\$4.50
Wed	Vegetarian Bun (steamed)	\$4.50
W.Th.F	Pork & Cabbage Bun (steamed)	\$4.50
M.W.F	Fried Dumpling Combo	\$10.90
M.T.W.Th	H1 - Chicken Corn Soup w. cheesy toast	\$7.60
	Mince pie (Kiwi Classic)	\$5.80
	Mince & cheese pie (Billy T)	\$5.80
M.T.F	Butter chicken on rice	\$7.20
W.Th.F	Spaghetti bolognaise	\$7.20
Wed	Japanese Beef Curry on Rice (Large)	\$8.00
M.T.W.Th	Vege fried rice (small)	\$5.20
T.W.Th.F	Toasted sandwich cheese & HAM	\$5.20
	Panini chicken & spinach	\$6.50
	Toasted sandwich CHEESE	\$4.00
	GF Toasted cheese sandwich	\$5.60
	Hot dog	\$5.80
	Beef nachos (large)	\$7.50
	Mashed potato	\$3.00
	Mini Sausage roll	\$2.50
	Mince Savoury	\$2.50
	Pancake w. Orange, Pineapple and Honey	\$5.50

## COLD MAINS

M.T.W.Th	NEW Tofu Pockets & Salad	\$7.80
M.T.W.Th	NEW Vegetable Noodle Salad (small)	\$4.50
M.T.W.Th	NEW Rice Balls & Salad	\$7.50
M.T	Butter chicken wrap	\$5.80
W.Th.F	Chicken Wrap	\$5.80
M.T.W.Th	Vogel sandwich - Chicken	\$5.00
M.T.W.Th	Vogel sandwich - Vegetable	\$5.00
M.T	Egg mayo sandwich	\$4.20
W.Th	Ham, Egg & Mayo Sandwich	\$4.80
	Chicken Sandwich	\$4.80

## SUSHI

	Sushi Chicken (5 pieces)	\$7.30
	Sushi Chicken (3 pieces)	\$4.10
	Sushi Chicken & Avocado (5 pieces)	\$7.30
M.T.W.Th	Sushi Chicken & Avocado (3 pieces)	\$4.20
Tue	Tofu Pockets & Salad	\$7.80
	Sushi Tuna & Fancy Lettuce (5 pieces)	\$7.30
	Sushi Smoked Salmon & Avocado (5 pieces)	\$7.80
Tue	Rice Balls & Salad	\$7.50
M.T.W.Th	Sushi Smoked Salmon & Avocado (3pieces)	\$4.60
	Sushi Vegetarian (5 pieces)	\$7.30
	Sushi Cream Cheese & Pineapple (5 pieces)	\$7.50

## SNACKS & DESSERTS

	Popcorn	\$1.40
	Brownie - Chocolate	\$3.50
	Chocolate muffin	\$2.50
	Cookie (chocolate chip)	\$2.20
	Yoghurt	\$3.00
	Fresh fruit salad	\$5.00
	Tomato Sauce	\$0.50
T.W.Th	Carrot sticks	\$2.00
T.W.Th	Grapes - fresh & washed	\$2.60
T.W.Th	Pineapple - Sliced	\$2.60
M.T.W.Th	Sweet Seaweed	\$2.50
	Organic Seaweed - 2g Snack Pack	\$1.80

## DRINKS

	Chocolate Milk - WDOM Lactose Free 250ml	\$4.50
	Milk - WDOM Full Cream Milk 250ml	\$3.50
	Water - Onepure 320ml	\$3.00
Tue	Aqa Lite sparkling water 350ml - Mango	\$2.60
Mon	Aqa Lite sparkling water 350ml - Apple	\$2.60
Wed	Aqa Lite sparkling water 350ml - Grape	\$2.60
Thur	Aqa Lite sparkling water 350ml - Peach	\$2.60
Fri	Aqa Lite sparkling water 350ml - Lemonade	\$2.60
M.T	Charlie's Juice - Tropical 200ml	\$3.00
W.Th.F	Charlie's Juice - Apple 200ml	\$3.00

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