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# eZlunch MENU

Windy Ridge School / Term 1 2019



Constellation Drive Home Zone  
Mairangi Bay  
09-414 2428

## WARM MAINS - SPECIALS OF THE DAY

Mon	MONDAY - Dumplings 4pcs	\$5.90
Tue	TUESDAY - Pizza cheese & ham	\$4.50
Tue	TUESDAY - Pizza cheese & pineapple	\$4.50
Wed	WEDNESDAY - Teriyaki chicken on rice (large)	\$7.30
Thur	THURSDAY - Baked BBQ Pork Bun	\$6.50

## WARM MAINS

Wed	H1 - Chicken Corn Soup w. cheesy toast	\$7.20
	Mince pie (Kiwi Classic)	\$5.50
	Mince & cheese pie (Billy T)	\$5.50
T.Th.F	Butter chicken on rice	\$6.60
W.Th.F	Spaghetti bolognaise	\$6.60
Tue	Vege fried rice (small)	\$5.00
M.W.Th.F	Toasted sandwich cheese & HAM	\$5.00
	Toasted sandwich CHEESE	\$3.80
	Panini chicken & spinach	\$5.80
	Hot dog	\$5.50
	GF Toasted cheese sandwich	\$5.00
	Beef nachos (large)	\$6.80
	Pancake w. Orange, Pineapple and Honey	\$5.00
	Mashed potato	\$2.80
	Mini Sausage roll	\$2.30
	Mince Savoury	\$2.30
Mon	Japanese Beef Curry on Rice (Large)	\$7.60
Thur	Pineapple Fried Rice (small)	\$5.30
Mon	Potato Skins Filled w Cheese & Baked Beans	\$6.80
Mon	Brazilian Cheese Bread (4pcs)	\$5.50

## COLD MAINS

Th.F	Butter chicken wrap	\$5.50
M.T.W.Th	Vogel sandwich - Chicken	\$4.70
M.T.W.Th	Vogel sandwich - Vegetable	\$4.70
M.T	Egg mayo sandwich	\$3.90
W.Th	Ham, Egg & Mayo Sandwich	\$4.50
	Chicken Sandwich	\$4.50
M.T.W	Chicken Wrap	\$5.50

## SUSHI

	Sushi Chicken (5 pieces)	\$7.00
	Sushi Chicken & Avocado (5 pieces)	\$7.00
	Sushi Smoked Salmon & Avocado (5 pieces)	\$7.50
	Sushi Tuna & Fancy Lettuce (5 pieces)	\$7.00
	Sushi Vegetarian (5 pieces)	\$7.00
	Sushi Chicken (3 pieces)	\$3.90
M.T.W.Th	Sushi Smoked Salmon & Avocado (3 pieces)	\$4.20
	Sushi Cream Cheese & Pineapple	\$7.00
M.T.W.Th	Chicken & Avocado Sushi Roll	\$7.50

## SNACKS & DESSERTS

W.Th.F	Popcorn	\$1.30
	Brownie - Chocolate	\$3.30
	Chocolate muffin	\$2.30
	Cookie (chocolate chip)	\$2.00
	Yoghurt	\$2.80
	Fresh fruit salad	\$4.80
	Tomato Sauce	\$0.50
T.W.Th	Carrot sticks	\$1.80
T.W.Th	Grapes - fresh & washed	\$2.40
T.W.Th	Pineapple - Sliced	\$2.40
M.T.W.Th	Sweet Seaweed	\$2.20
M.T.W.Th	Gluten Free Cookie (5pack)	\$5.00
M.W.F	Organic Seaweed - 2g Snack Pack	\$1.60
T.Th	Roasted Fa-va beans - 15g Snack pack	\$1.60

## DRINKS

M.T	Mill Orchard Juice 250ml (Apple)	\$3.40
W.Th.F	Mill Orchard Juice 250ml (Apple & Boysenberry)	\$3.40
	Milk 250ml	\$3.10
	Water - Onepure 320ml	\$2.80
Tue	Aqa Lite sparkling water 350ml - Mango	\$2.40
Wed	Aqa Lite sparkling water 350ml - Apple	\$2.40
Mon	Aqa Lite sparkling water 350ml - Grape	\$2.40
Thur	Aqa Lite sparkling water 350ml - Peach	\$2.40
Fri	Aqa Lite sparkling water 350ml - Lemonade	\$2.40
M.T	Charlie's Juice - Tropical 200ml	\$2.50
W.Th.F	Charlie's Juice - Apple 200ml	\$2.50

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