

Lightening your load
a discount for new students

albanyyoga
room

Where everyone is supported in their yoga practice. Our yoga aim is to create peace within a radiant and healthy body.

Albany Yoga Room

36 William Pickering Drive, Albany
www.albanyyoga.co.nz

Valid until August 2018

3 classes for \$25

CANNOT BE COMBINED WITH OTHER OFFERS.
LIMIT ONE COUPON PER CUSTOMER.


Yoga workshop for Mums and children



Saturday, June 16th 2.00- 4.00pm

A chance for mums to bond with their children through breath, movement games and gentle yoga. *Afternoon tea provided*

I love the yoga classing have pose is
The ray doll and the three legged dog the
Yoga class mermaid fee taught the
other mermaid was really good at
but be ma I fell
I had a amazing day with the yoga



Arvinderfee & Simone want to share with you some of the great things children love about yoga.

\$52



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09 415 0076