



PIHA MILL CAMP 2016



WELCOME

- Location and Facilities
- Organisation – groups /parents
- Duties
- Daily programme
- Activities /Reflective Journals
- Student Challenges
- Safety Information
- Breakdown of Fees/Fundraising
- Gear list/Medical Information/General Information
- Questions

Departure/Return Dates and Times

Years 5 & 6 - Wednesday 21st - Friday 23rd
September.

Wednesday - Depart school at 12:45pm approx

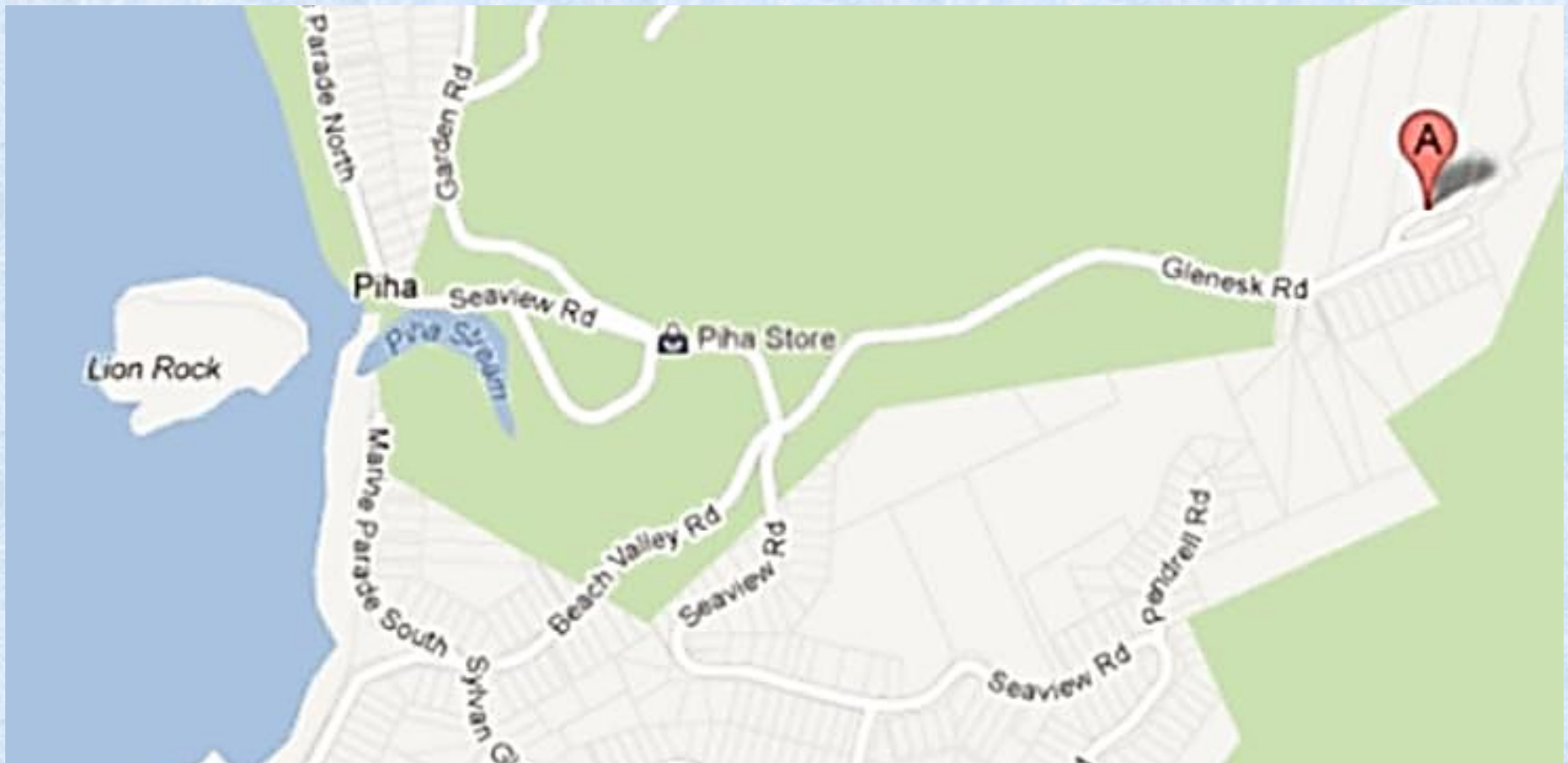
Friday - Arrive back at school 4:15pm approx

Year 4 (Day only) - Thursday 22nd September -

Depart school at 9:00am; Return at 4:00pm
approx

Piha Mill Camp

- Flat grassland suitable for most outdoor games and recreation.
- The camp buildings can sleep 80 people.
- The camp provides a number of outdoor activities .
- The beautiful Kitekite Falls is just 30 minutes walk away .



Key

Bush
 Private
 Park Boundary
 Stream

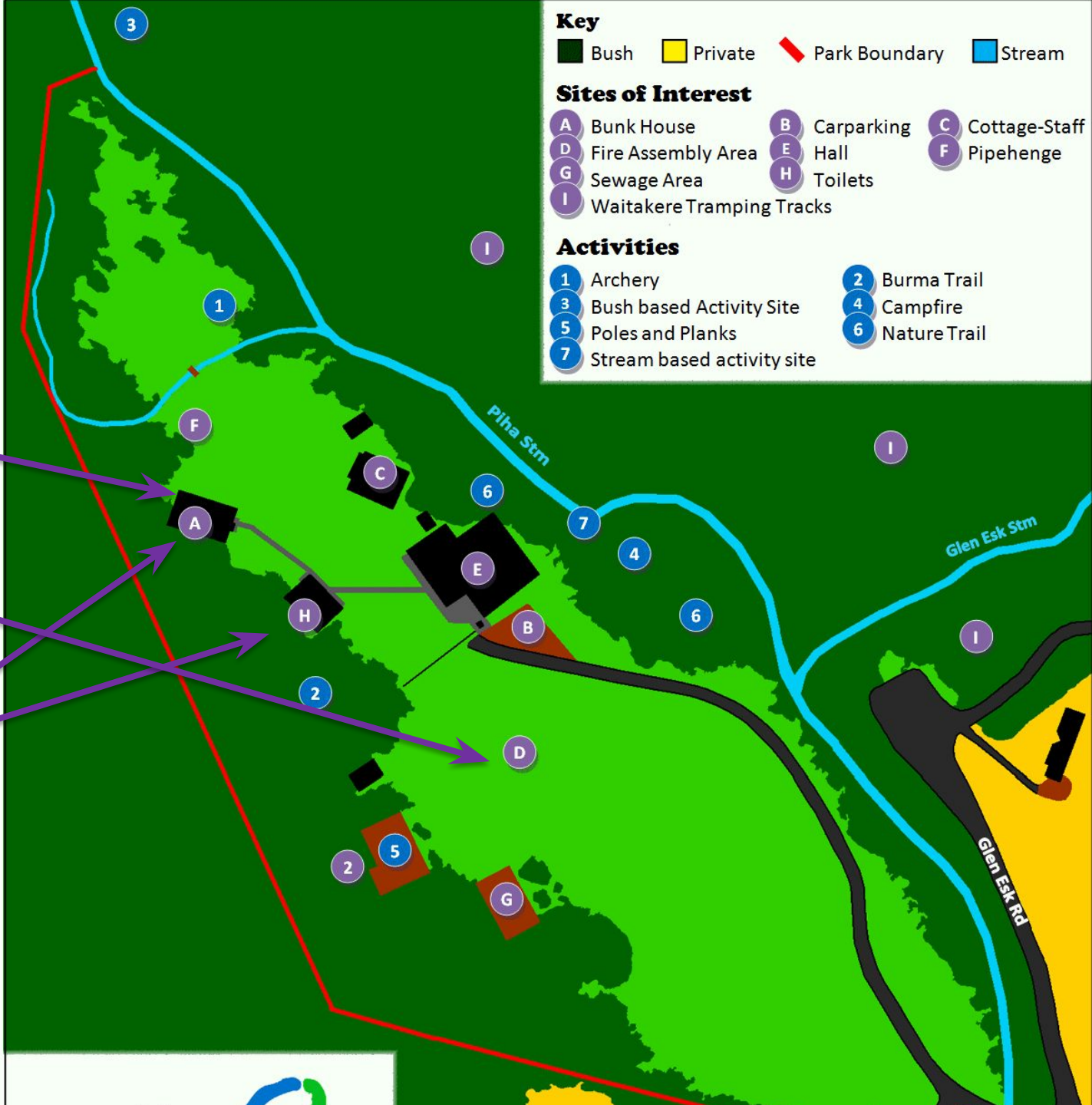
Sites of Interest

A Bunk House	B Carparking	C Cottage-Staff
D Fire Assembly Area	E Hall	F Pipehenge
G Sewage Area	H Toilets	
I Waitakere Tramping Tracks		

Activities

1 Archery	2 Burma Trail
3 Bush based Activity Site	4 Campfire
5 Poles and Planks	6 Nature Trail
7 Stream based activity site	

- A. Dorm and Cabins
- B. Carpark
- C. Hosts Cottage
- D. Field and Assembly area
- E. Lounge, Dining Room, Kitchen
- H & A - Toilets





Main
Facilities



Lounge

The sleeping quarters are split into two areas. The girls will be sleeping upstairs in a large dormitory.

Upstairs Dorm



Cabins

The boys will be downstairs in cabins. Also downstairs are two bathrooms, one for male and one for female; they contain sinks, showers and toilets.

Piha Mill Adult List 2016

Parents staying for entire time	Diana Mariner Simone Price Amanda Latimer Mark Praine Maryann Green (for Harry)	Craig Aitchison Daniel O'Sullivan Anthony Yelcich Robert Howatson Glen Arvidson
Teachers attending	Jane Brown Sue Ogden Amanda Hurley	
Parents visiting Thursday 9-5pm (dinner?)	Amanda Soper Sarah Macpherson	Stew Latimer Pops Mariner
Staff visiting Thursday	Brenda McPherson Jenine Maxwell	

GROUP ORGANISATION

The students will be split into 6 groups of approximately 10 per group. They have identified 2 people they would like to be with and they will be notified of their groups before the end of Week 7.

A parent who is staying the entire time will be assigned to each group. This will be their home group for quiet activities, journal time and the first point of call for minor concerns or information. This parent will also be in charge of making sure their group carries out their rostered cleaning duties. e.g meal set up, meal clean up, bathroom clean, kitchen clean, main entrance clean etc.

CAMP PROGRAMME (DRAFT)

WEDNESDAY 21ST SEPTEMBER

Wednesday	
Time	Activity
<u>At school activities</u>	All gear to the hall from 8.30 onwards. Stored in group areas
9-10.00	Team meet in hall for Roll Call .
Continue Activities	Group Challenges – each parent will work with their home group to complete the following
10.15-11.45	<ul style="list-style-type: none"> • Group name • Secret Ballot – Student Leader • Group banner
Morning Tea	<ul style="list-style-type: none"> • Group flag • Group bandana or headband
10-10.15	
Lunch	Load bus 12.15
11.45 – 12.00	
	Depart 12.45

2.00	Arrive at camp- Unpack bus Welcome Talk – Rules and boundaries – Camp Host Settle in to cabins Afternoon Tea (10 mins)
3.00	Assemble in designated meeting area in groups Parents – activity /duty training Exploring the camp with Teachers.
3.40	Teachers to run sports games
4.00	Activity 1
5.00	Duties – Journalling for some
5.30	Dinner
6.30	Duties – Showers for some
7.00	Activity 2
8.00	Quiet Time: Journal reflections Showers for rest
8.30	Burma trail
9.30	Supper

THURSDAY 22ND SEPTEMBER

Thursday	
Time	Activity
7.00	Wake up, dress, tidy up
7.30	Fitness on the field - Activity training for adults Duties
8.00	Breakfast
8.30	Duties – Activity Training for new adults
9.00	Activity 3
10.00	Quiet time: with home parents - Journal reflections
10.30	Morning tea
10.45-1.00	Walk to the Kitekite falls – Packed lunch
1.00 – 1.30	Quiet time in rooms Adults rotate to supervise.

1.30	Activity 4
2.30	Activity 5
3.30	Activity 6
4.30	Quiet time: In rooms - Journal reflections
5.00	Duties- Showers for some
5.30	Dinner
6.30	Duties – Showers for the rest
7.00	Talent Quest
8.30	Camp Fire Supper

FRIDAY 23RD SEPTEMBER

Friday

Time	Activity
6.45	Wake up, dress, tidy up
7.30	Fitness on the field Duties
8.00	Breakfast
8.30	Duties
9.00	Activity 7
10.00	Activity 8
11.00	Morning Tea
11.15	Massive clean-up and check all areas. All gear to be taken to lounge area. Add to journal notes and reflections
12.30	Lunch
1.00	Games on the field
1.30	Bus arrives

ACTIVITIES

There are 8 activity sessions that will be run by the parents/teachers at camp. The parents will be trained on some of the activities by the Camp Host to ensure safety issues are fully addressed. Full instruction sheets are also provided. Groups will not complete all the activities due to Adult/student safety ratios. A Wet Weather Programme will be planned too.

Archery

Instruction sheet

Guidelines for Taking an Archery Session:

Loading the Arrows

- Ensure the arrows and bows at all times are pointing away from the waiting bench and from any person.
- Place the arrow on the rest with the nock (end) secured into the strings. Always make sure the different coloured flight is facing outwards, at a right angle to the bow.

Shooting

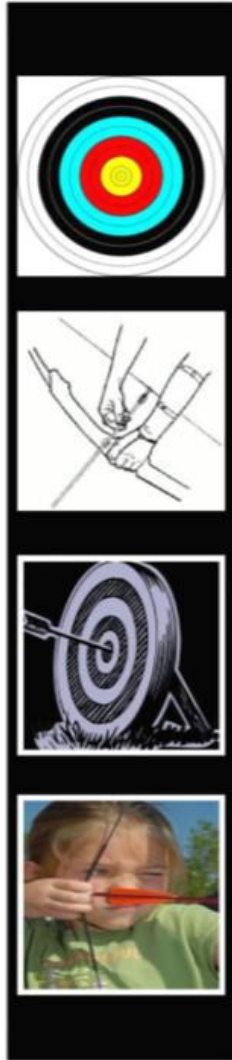
- Stand with your body at a right angle to the target, with your left shoulder closest to the target (reverse if left-handed).
- Stand up straight with your feet shoulder-width apart.
- Hold bow on hand-grip with left hand and place 3 fingers of your right hand on the string around the nock.
- Pull the string back towards you, keeping your right arm level with your shoulders. Bring the nock back as far as your mouth. Ensure that your left arm is slightly bent to avoid the arrow grazing it.
- Hold it there then take aim for the target and release

Collecting Arrows

- Adult only to collect arrows. Bows must not be touched while collecting arrows.
- Grab arrow as close to tip as possible to prevent it bending or snapping, then place other hand on target for support and tug firmly until it comes out.
- Walk back with arrow tips over your shoulder for safety.

Important notes

- Only two participants can shoot at one time.
- It is very important that the remainder of the group waits behind the people using the bows; they must sit on the waiting bench provided. It is recommended that they play some kind of game to keep them occupied.
- It is recommended that you rotate the participants by letting two shoot 5 arrows each. Then collect the arrows and give the next pair their turn and so on until they have all had an equal amount of turns.
- Never pull back string and release without an arrow.
- Never point bow anywhere other than targets. Supervise children closely to ensure this is adhered to.



The activities: **Red = Day Activities for Year 4's**

1. Archery -Be the next Legolas or Robin Hood. Have you got what it takes to get a bull's eye?
2. Poles and Planks – Can your teams overcome the challenges involving poles, planks, ropes and tyres? Traverse the Mohawk Walk, pass through the Spider's Web, keep balanced on the Big Log, calculate the Tyre Puzzle and more. To come out victorious your teams will have to learn to work together
3. Orienteering – We have a range of different map reading courses that take you on a wild run all around camp.
4. Stream Scientists - Perform a variety of tests to discover the health of our stream. Catch some invertebrates, measure the clarity and temperature of the water and more.

5. Outdoor Cooking - Lots of yummy fun! Learn basic camp cooking skills choosing from a list of 4 recipes (Damper, Toasted Sandwiches, Pikelets and Kettlecorn)
6. Bush Skills - Learn about camping and survival, how to tie knots and learn how to prepare for an overnight stay in the bush.
7. Tenting – using Scout tents
8. Burma trail -daytime blindfold
9. Art – with the Teachers
10. Inventors with the Teachers

Other activities include:

- Old School Games /Talent Quest/Campfire/ Bush Walk

All of these will be developed collaboratively by the students.



Camp
Contract
(expectations)

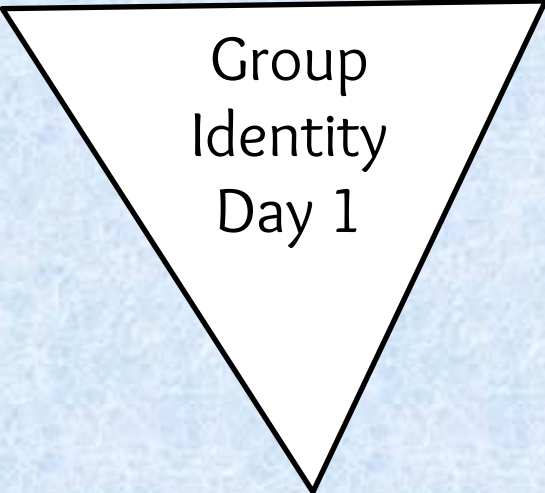


Camp
Goals
(values,
behaviour)



Camp
Rules
(boundaries,
safety)

**STUDENT
CHALLENGES**



Group
Identity
Day 1



Talent
Quest
Act/acts



Success
Criteria
for
awards

EOTC SAFETY INFORMATION

- ❖ Risk Analysis Management
- ❖ Safety Management Systems
 - Qualified First Aiders (2)
 - Medical history of all attendees
 - Incident form
- ❖ Supervision and ratios
 - Police Vetting for night parents
- ❖ Visits from parents not attending
- ❖ Student Guidelines and contract

CAMP GEAR LIST

Clothing / Linen:

Long pants (x2)

Shorts (x2)

Tee-Shirts (x3)

Sweatshirt, Polar fleece
or similar warm jersey (x2)

Raincoat (x1)

Togs (x1)

Undies (x3)

Sneakers or sensible shoes for walking

Jandals or sandals (x1)

Socks (x2)

Pyjamas

Sleeping bag

Pillow and pillow case. (Blanket optional)

Towel (x2)

Books and games:

You can bring a book to read

A pack of cards or similar small non electronic
game

Other items:

Tooth brush, toothpaste and
other bathroom necessities

Sun hat

Torch (Optional)

Water bottle and lunch box

Sunblock cream and insect
repellent

Plastic bag (x 2) - for wet togs and
towel, dirty clothes

Morning tea item to share – (A
packet of biscuits, home baking
or some fruit)

Please do not bring:

Electronic games, iPods etc.

Mobile Phones

Other food

Fancy clothes or shoes

Remember to name all your items

OBJECTIVES

To provide students with the opportunity to

- Demonstrate respect, kindness, integrity & resilience
- Achieve goals through a variety of team activities
- Interact and cooperate with one another and the environment
- Display leadership
- Experience living with others, working, playing and sharing together.

BREAKDOWN OF FEES

Where does your money go?

Years 5 and 6 - Total cost \$165

- ❖ 2 nights accommodation
- ❖ 2 half days (Wed/Fri) and 1 full day
- ❖ Meals
 - Our first paid meal is dinner on Wednesday night
 - 2 breakfasts, 2 lunches, 2 dinners, 2 suppers, morning and afternoon tea
- ❖ Bus to and from camp

BREAKDOWN OF FEES

CONTINUED...

Years 4 - Total cost \$35

- ❖ Day visit to camp Thursday 22nd September
- ❖ Lunch and afternoon tea
- ❖ Bus to and from camp



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